

You are probably reading this leaflet because you, a family member, or friend has been diagnosed with Bell's Palsy - facial paralysis, normally affecting one side of the face. It affects approximately 1 in 2,000 people each year and in most cases (approx 80%) the condition recedes after 3 months.

### **Symptoms of Bell's Palsy include:**

- drooping mouth
- facial pain
- loss of taste
- inability to close eye
- slurred speech
- drooling
- watering of the eye
- sensitive hearing
- muscle weakness
- headaches
- difficult to eat/drink

This leaflet has been produced by the BPA - Bell's Palsy Association - a charity established to provide help and information to sufferers - and attempts to answer some of the questions you may have about the illness .... what it is, what the symptoms are, what treatment is used, what research is being undertaken, etc.

**The Bell's Palsy Association** is the only registered charity established to provide information and help to sufferers of this distressing condition.



Visit our website at

[www.BellsPalsy.org.uk](http://www.BellsPalsy.org.uk)

... for up to date information on the illness plus links to other sources of information. The website also has links to online forums where you can communicate with fellow sufferers plus pages and links chronicling other peoples experiences.

A visit to the Bell's Palsy website can help you better understand how the condition affects other people and to what degree.

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# WHAT IS BELL'S PALSY



[www.BellsPalsy.org.uk](http://www.BellsPalsy.org.uk)